# A General Theory of Dramatic Structure for Interactive 3D Environments

#### **Tamiko Thiel**

tamiko@alum.mit.edu

www.tamikothiel.com

## **Traditional narrative theory**

"You need characters in order to have drama."

- Create drama by building tensions between characters.
- Audience engagement comes through identification with characters
- Assumes traditional medium (book, theater, film) with passive audience.

#### **But:**

- There is drama in climbing a mountain, watching a sunset, wandering through a city.
- The audience YOU are interacting with the environment
- The drama takes place between YOU and the environment.
- You have agency -> emotional responsibility for your actions and outcomes

## Two forms of "first person viewpoint":

Traditional narrative media:

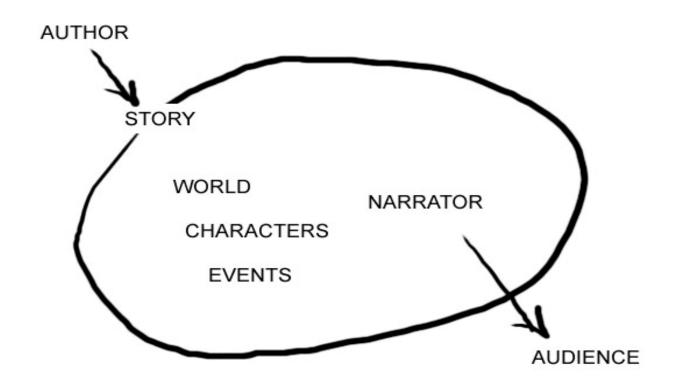
First person *narrative* viewpoint

Interactive media:

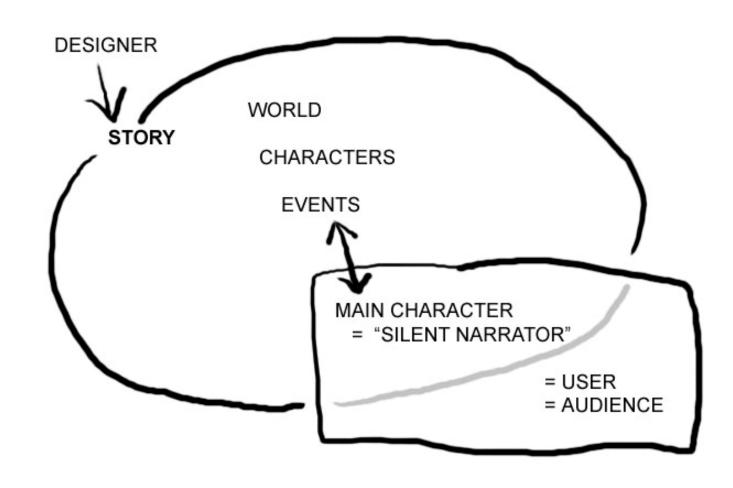
First person experiential viewpoint

## First person *narrative* viewpoint

. .



. .



- Designer creates framework of experiences for the user.
- User = Audience= Main Character = Silent Narrator
- "I am experiencing something myself "
- User has agency story doesn't happen without her engagement.

Focus on the user:

- "Character development" should happen in user.
- i.e. designer choreographs emotional journey the user should go through while experiencing the piece.

#### Real life examples:

- Non-competive performative (e.g. music, sport)
- Rituals/ceremonies (e.g. weddings)
- Guided tours (e.g. citywalks, castles)

3<sup>rd</sup> person POV is special case of 1st p. POV

- i.e. "the world" includes my avatar
- Experience of avatar NOT important
- Experience of user while manipulating avatar IS important (e.g. Laura Croft)

## **Dramatic interest in games:**

Interactive by definition

- Audience = User
- User follows rules to achieve goal
- User investment of time, effort creates engagement

## Who is left out if interactivity == games?

Non-gamers who:

- hate to lose or hate competition
- don't value investing time into learning rules, solving puzzles

#### But also:

Situations with limited time
 (gallery, museum, public space, websurfer)

## Who is left out if interactivity == games?

- We need to develop interactive structures with fewer rules to reach a wider audience.
- Focus more on process / experience rather than learning rules/achieving goals

## What I was looking for:

- General theory of dramatic structure applicable to all media
- "Abstracted" to understand how emotion is provoked in humans as response to aesthetic experience
  - -> independent of medium

Psychological theory of emotional affect:

- Emotion is aroused when a tendency to respond to a stimulus is arrested/inhibited
- e.g. smoker reaches for cigarettes, but pack is empty.
- Conscious or unconscious tendency to respond creates "expectation."
- Arresting that tendency creates emotion

In music (or any time-based art form)

- Music works within defined tradition or structure: e.g. medieval Western, classical Western, Jazz, Rai, US Rock, etc
- Within a given structure rules & conventions define (for example):
  - what is perceived as "happy," "sad," etc.
  - "allowable/expected" transitions
  - (e.g. "Sukiyaki" "Ue o muite aruko")

Within a given structure composers provoke emotional responses by:

- setting up listeners expectations, then
- playing with their expectations: surprising, frustrating, rewarding, etc.

#### Examples:

- Repetition creates expectation (and desire) for change and completion
- Doubtful / ambiguous stimulus (significance, function, outcome unclear) creates desire for clarity
  - -> we believe in purposefulness and integrity of the artist.

But manner of clarification not predictable:

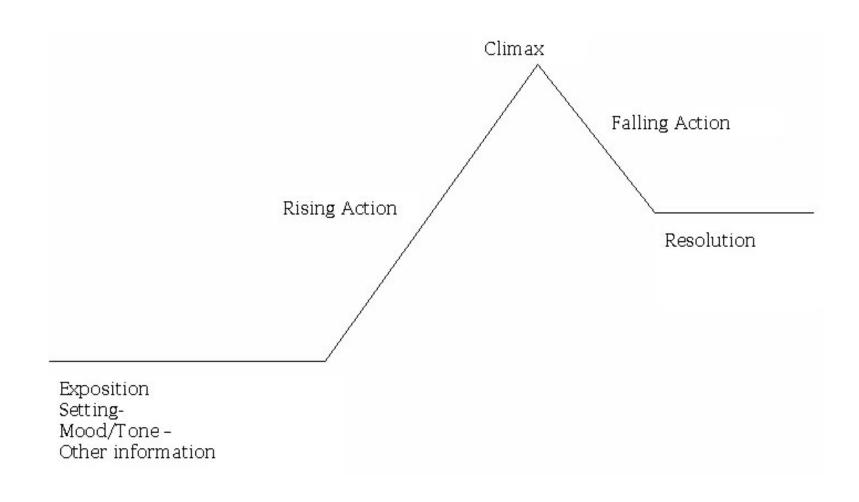
- Expectation creates state of suspense
- Suspense is ignorance of future course of events,
- ... which creates doubt and uncertainty,
- ... which is perceived as a lack of control,
- ... which creates apprehension and "fear"
  - -> even if there is no specific object causing this fear.

Any stimulus must be progressively intensified over time

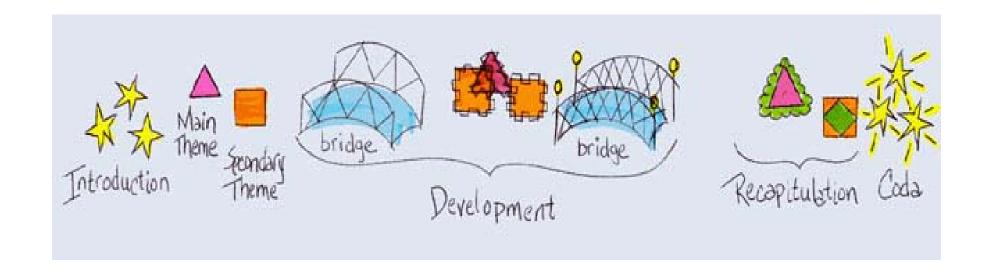
- Effectiveness diminishes as we become used to the stimulus.
- Without change in stimulus, expectation of relief (or some sort of change) diminishes
  - -> i.e. we lose interest and disengage

## Does drama theory relate to music?

Freytag Diagram (Laurel, "Computers as Theatre")



## Sonata-allegro form (stolen off the web):



#### Musical form vis a vis narrative form

Conversation with Betsy Marvit, composer

- Introduction / opening sets general mood (i.e. expectations)
- Introducing main theme is like introducing 'main character'

#### Musical form vis a vis narrative form

- Secondary theme = new and different character
  - o What is their relationship?
  - How do they cause each other to develop?
    i.e. creates anticipation
- Resolution of dissonance/conflict between themes is like resolution of story

## Consequences for interactive media

Designer composes choreography for story

- Leads user through sequence of dramatic moods, experiences
  - -> like composer composing a symphony
  - -> hyperlinked structure: will be episodic rather than one grand climax
- Allow user to have agency -> emotional responsibility for their actions and outcomes

## Consequences for interactive media

Focus on internal emotional states of user

What should user feel at each stage?

 Curiosity, trepidation, delight, fear, surprise, frustration, relief, exaltation

Create balance of positive and negative

## Consequences for interactive visual media

Ideally using life-sized image:

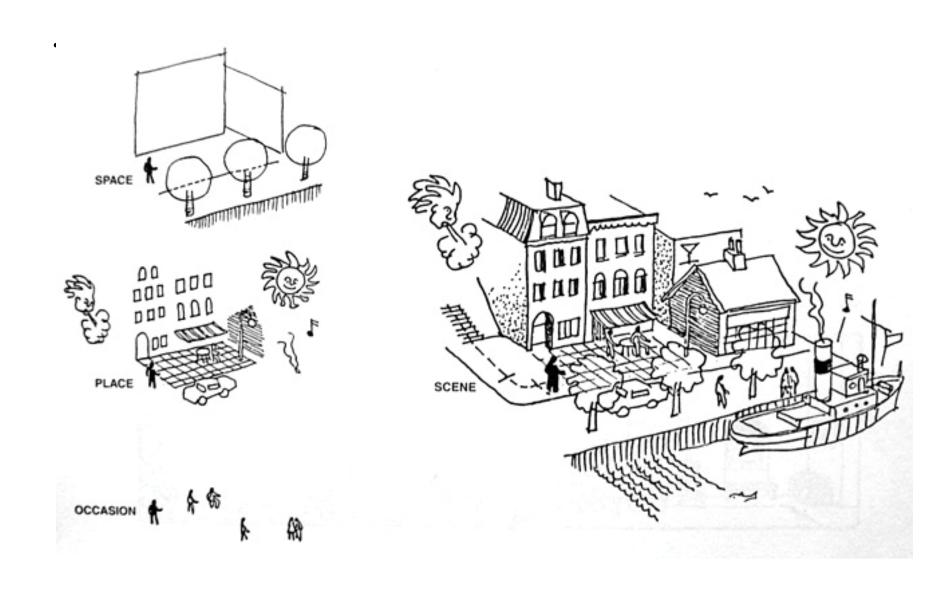
- Engage kinesthetic sense, sense of scale
- Body's perceptual mechanisms respond as if images, events are real

## Philip Thiel, "People, Paths, and Purposes"

Emotional effect of

- space
- sequences of spaces on the user
  - -> from first person *experiential* perspective

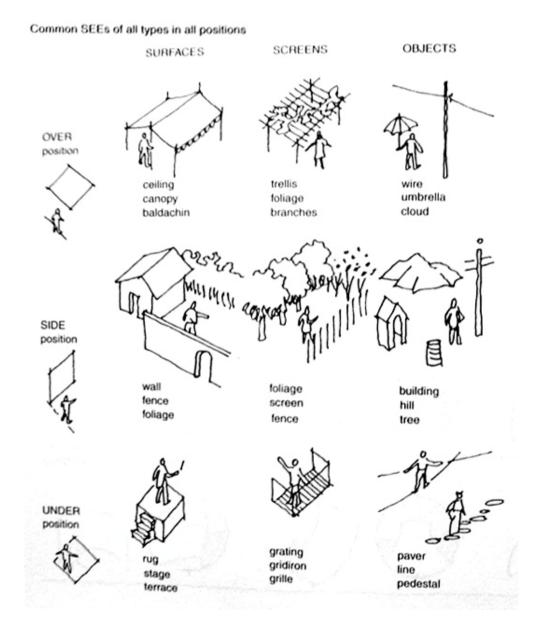
## **Anatomy of space**



## Kinesthetic experience of space

VIEW NO. 1 PRIMARY SPACE-**ESTABLISHING** ELEMENTS VISIBLE PART OF OUT-SPACES ("THERE") IN-SPACE ("HERE") RANGE NO. 2 VIEW NO. 2 SIZE ISOVIST VIEW NO. 2

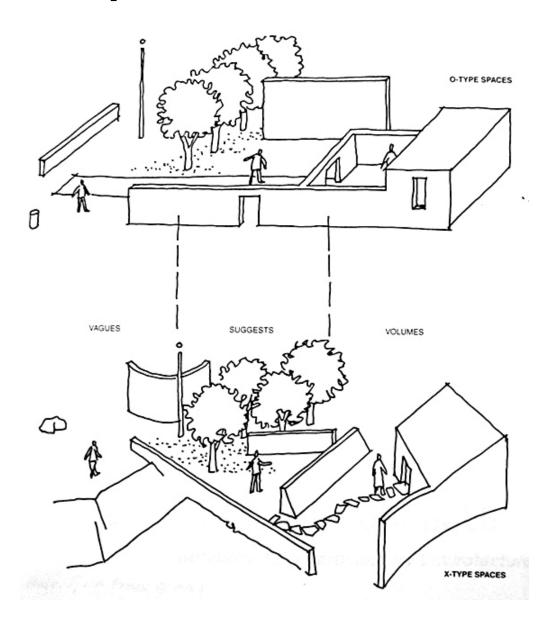
## Space Establishing Elements (SEEs)



## Order, explicitness of space

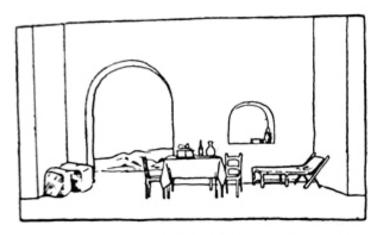
Emotional affect depends on situation:

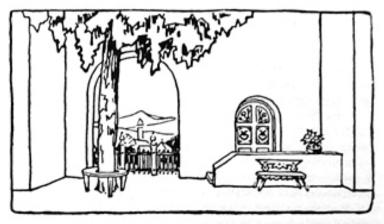
- comforting or claustrophobic
- freedom or lonliness
- exhilaration or vertigo

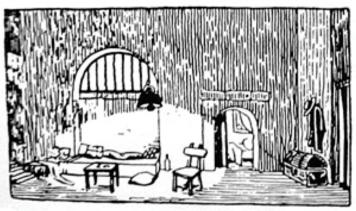


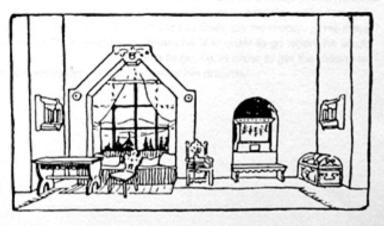
## **Emotions reinforced / determined by:**

Music, light, denotation of environment (prison, garden), etc.









Exposition (opening scene / overview)



26.01.2017

## Rising action (development):

- Descend into V
- Names, height of wall increases, enclose you

#### Climax:

- Apex height of our involvement in Vietnam
- Names, wall 10' high.



Falling action (denouement):

Deaths, height of wall reduces



26.01.2017

#### Resolution:

Re-emerge into daily life



37

## How does our theory fit in here?

Spatial, metaphorical experience

Not character-based i.e.
 NOT interaction between two soldiers.

 First person experiential viewpoint: focuses on effect of space on your emotions.

## How does it engage us?

Yes, there are characters: other visitors add to emotionality of the environment, searching for names, leaving offerings

But main effect is on user:

Interactive - visitors must physically engage with the piece and descend into the 'V'

Addresses our sense of scale, enclosure

## **Summary**

- First person *experiential* viewpoint
- Drama takes place between user and environment (which can include characters)
- User has agency -> emotional responsibility for actions and outcomes
- "Character development" happens in user.
- Designer choreographs emotional journey for user.

## **Summary**

Within a known structure provoke emotional responses by:

- setting up expectations, then
- playing with the expectations: surprising, frustrating, rewarding, etc.
- Create balance of positive and negative to avoid boredom, stimulation overload

## Tamiko Thiel

tamiko@alum.mit.edu

www.tamikothiel.com